

Professional Kinesiology Programme

HLT42807 - Certificate IV in Kinesiology
HLT51507 - Diploma in Kinesiology



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Melbourne - Brisbane - Gold Coast - Byron Bay - Sydney - Perth

Professional Kinesiology Training



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VISION

Educate the public and students of Kinesiology - For truly holistic health care, wellbeing and positive choice.

MOTTO

Every day in every way we strive to empower, help, guide and educate those we come in contact with about Kinesiology and true Holistic Health Care and maintenance.

MISSION STATEMENT

We are Kinesiology Schools Australia, accredited colleges of the ICPKP and this is our mission statement:

- To provide quality assurance in Kinesiology education
- To provide training that assists students to learn, grow and embrace life to their highest potential, as they achieve the competencies required of professional Kinesiology practitioners.
- To produce graduates who, whilst aware that any profession has its limitations, are confident in their ability to make a positive, long-lasting difference in the lives of their clients using safe, non-invasive Kinesiology techniques and whose primary motivation is to improve the quality and dignity of people's lives.
- To aid Kinesiology to become a respected household name and the Kinesiology profession to be a sought-after career choice by people of all ages.



INTRODUCTION AND OVERVIEW

There are three programs within the Professional Kinesiology Program (PKP):

- Certificate IV in Kinesiology
- Diploma in Kinesiology
- Complete Professional Kinesiology Programme™

The Professional Kinesiology Programme (PKP) courses, developed by Joan and Dr Bruce Dewe first originated in the late 1970s and have grown to be one of the most respected Kinesiology modalities available in the world today. This course is an integrated course of study in Professional Kinesiology Practice leading to registration as a Kinesiology practitioner.

The purpose of the Professional Kinesiology Programme (PKP) is to enhance the quality of your life and the life of others by restoring the ability to maintain physical, bio-chemical and emotional wellbeing. This is created through developing practical skills and knowledge that enable you to enhance the mind, body and spirit to allow the balanced whole person achieve wellness and their full potential.

This training is designed to provide advanced techniques in a sequential, integrated manner. Education begins with foundation material (Certificate IV), progressing to advanced skills (Diploma) whilst at the same time not repeating information previously learnt. Units are segregated into sections for easy learning.

The Certificate and Diploma take Kinesiology into the 21st century with a new and improved format for learning and professionalism. After years of successful research this new format was developed to provide students with an effective progressive program, which ensures not only full theoretical comprehension, but also the practical experience needed to be successful.

Many health funds now require practitioners to have a Diploma in Kinesiology for rebates. This trend is expected to continue.

Certificate IV in Kinesiology - HLT42807



The Certificate IV in KINESIOLOGY, HLT42807, is a one-year professional course that is accredited by the Australian Nationally Recognised Training Authority. It consists of 10 Kinesiology units (BKP101 – BKP110), First Aid, Anatomy & Physiology, Clinical Safety and Business Administration.

These are the first fourteen units of the nationally recognised Diploma in Kinesiology and the complete Professional Kinesiology Programme™ (PKP), which are already recognised and accredited in many countries around the world and by the International College of Professional Kinesiology Practice, the Australian Institute of Kinesiologists and the Australian Kinesiology Association.

The **Basic Kinesiology Programme™ (BKP)** is the Kinesiology material used by Kinesiology Schools Australia. BKP provides students with all the powerful Kinesiology techniques and protocols needed to qualify and set up practice as a certified Kinesiology practitioner. Completing this course is the first step towards an exciting career in Kinesiology.

Each Kinesiology unit consists of 16 class tutorial hours (theory and practical) plus a **Student Assessment Journal (SAJ)**, 20 to 25 hours, which requires the student to practice their newly acquired skills. This assists the student to gain valuable experience and confidence whilst obtaining the knowledge required. The journal is also part of the assessment and becomes an enjoyable integrated part of the program.

On completion of the Certificate IV in Kinesiology, graduates are eligible to register with the Australian Kinesiology Association or the Australian Institute of Kinesiologists as first level practitioners.

For a brief description of what is in each Certificate IV unit go to page 8 of this booklet.

Diploma in Kinesiology - HLT51507



The Diploma in Kinesiology, HLT51507, continues to build on the effective skills and knowledge learnt in the Certificate IV In Kinesiology.

Extending the students learning by one and a half years the Diploma develops extensive advanced techniques and skills. As Kinesiology Schools Australia is a high quality Kinesiology educator our Diploma consists of 20 advanced Kinesiology units providing an extensive knowledge covering a variety of health issues.

Starting with EMS201 students learn effective counselling and emotional trauma 'defusing' techniques followed by units on energy imbalance in relation to muscles affecting pain, flexibility and strength. Other units help with allergies and sensitivities to foods, substances and environmental issues that are increasingly becoming a problem and affecting more people every year. Students will also learn Kinesiology techniques and the effectiveness of vibrational energies such as flower essences, gems, chakras and the auric fields. There are also a number of units covering other emotional aspects of health.

For a more detailed description of what is in each Diploma unit go to page 10 of this booklet.

These units are accredited by the Australian Nationally Recognised Training Authority and the industry representative body, the Australian Institute of Kinesiologists, and entitle graduates to register as a professional member.

Many Health Funds now require a Diploma in Kinesiology for clients to be able to claim. Clients of Kinesiology Schools Australia graduates qualify for these rebates.



In 2003 Kinesiology Schools Australia was voted the best business in its category by a leading Queensland newspaper.

Postgraduate Kinesiology Training



The Professional Kinesiology Programme™, taught by Kinesiology Schools Australia offers the most comprehensive, student-centred training in Kinesiology worldwide. These units are accredited with the Australian Institute of Kinesiology (AIK).

Each of the Kinesiology Schools Australia campuses provides postgraduates with these units covering 11 advanced topics. These units are only available to students who have completed the Diploma. Graduates can choose to study all or some of these advanced units. We recommend all the units to truly become an expert in the field.

The Complete Professional Kinesiology Programme™ as the name implies is the *complete* Professional Kinesiology Programme written by Dr Bruce Dewe and is accredited by the International College of Professional Kinesiology Practice.

Graduates of the Complete PKP will be sought after practitioners. The extra units take Diploma graduates from very good, knowledgeable, and experienced practitioners to the highest level of training available in Kinesiology.

These units can be used towards CPE (continued professional education) points required by all professional health industry bodies. The techniques in these units are advanced techniques that quickly provide positive and effective results.

Advanced topics available

- Learning Difficulties
- Emotional Anatomy and Intelligence
- Techniques to evaluate and positively balance what affects our emotional wellbeing
- Correct problems of the pelvis and the pelvic muscles
- Clearing the Lymphatic and digestive systems
- Advanced meridian techniques
- Techniques to help the adrenals and the energetic vitality many of us lack
- Complete hypertonic muscle release
- Trigger Points

Certificate IV in Kinesiology Unit Descriptions

Through Kinesiology Schools Australia first year students learn the necessary skills that all Kinesiologists need: to take care of their own energy, to muscle test, the energy pathways and body systems, to evaluate and balance energy and record results, to recognise instinctual behaviours, Anatomy & Physiology, safety in the clinic and the basic business skills needed to run a clinic. Graduates qualify at the standard to work as a Kinesiology practitioner.

The 14 units outlined below, cover all required competencies of the HLT07 Health Training Package Certificate IV in Kinesiology course number HLT42807.

BKP101 Energisers and Self Testing

The first unit is all about teaching students how to take care of and balance themselves. After all, the practitioner must stay healthy in body and mind to be able to help others. These techniques can also be used to teach clients some basic skills they can use at home to help themselves between consultations. Basic anatomical parts of the body and terminology are also learnt.

BKP102 Manual Muscle Testing

This unit introduces muscle testing, which is the basis of Kinesiology. Students learn to balance other people, using brain/muscle feedback to identify dysfunctions and stress.

BKP103 The 5 Elements

An introduction of Chinese philosophies to balance the energy using colour, sound and the emotions is the theme of this unit. This unit teaches techniques to correct and confirm the changes of a 5 Element balance and using food to strengthen muscles, meridians and organs.

BKP104 Kinesiology and Superficial Connections

Using the direction of energy flow the students learn how to balance the meridians and their related muscles and organs. Students also learn basic Anatomy and Physiology.

BKP105 Five Elements in-depth

Learning the 5 Element principles in depth and working with the full chart of emotions takes students to a whole new level of knowledge. An extra 14 muscles allows students a greater variety of ways to balance the client. Students also learn how to find one single correction to return the person to balance.

BKP106 Professional Skills – Balancing Protocol with PKP Database

In this unit students learn how to put it all together using the specialised protocols that set PKP Kinesiology ahead of the rest. Students learn how to use finger modes and to go back to balance stressful times in the past that affect us today.

BKP107 Pain Reduction

This unit teaches students to evaluate and reduce pain using a number of simple but powerful techniques. This unit is a favourite with most students. This opens a huge potential to bring clients in to your clinic.

BKP108 Balancing with Food

Focusing on nutrition this unit teaches an understanding of why the body requires a variety of nutrients and how the body uses these nutrients. We also look at a number of 'diets' and how to test the person to see if they may react to foods.

BKP109 Advanced Muscle Techniques – Reactivity and Posture

In this unit students start to learn the first of the advanced techniques where messages from the brain are confused causing reoccurring problems.

BKP110 Client Health Records and Professional Relationships

This unit sets out the requirements and responsibilities all practitioners need to be aware of and fulfil. Here students *'put it all together'* into a complete package to now become a PRACTITIONER.

A&P201 Anatomy and Physiology (home study unit)

The purpose of this home study unit is to provide a solid basis of all systems of the body. Students will have a good understanding of Anatomy & Physiology but will find this unit straight forward and to the point, nothing more and nothing less and written in an easy to follow and work through manner.

CS101 Clinical Safety (home study unit)

This home study unit covers the requirements necessary to provide a safe work place and work procedures for the practitioner, clients and general public. This unit covers occupational health and safety issues plus infection control.

BA101 Business Administration (home study unit)

The area many Kinesiologists and people entering small business lack is the knowledge to running a business. This home study unit teaches students the basic requirements and paperwork needed to prepare and run their Kinesiology practice.

OCT202 Senior First Aid (11475T)

This unit is available through St John Ambulance, Red Cross or other accredited providers and will be automatically recognised by Kinesiology Schools Australia.

Completing the Certificate IV in Kinesiology

Students undertake a final assessment at the college and a web-based 50 question multiple-choice assessment. Results will be received immediately.

A nationally recognised Certificate IV in Kinesiology will be awarded to students who successfully complete BKP101-110, Anatomy & Physiology, Clinical Safety, Business Administration and Senior First Aid.

WHAT'S NEXT?

The Certificate is the first step to a rewarding, successful career in Kinesiology. Graduates are eligible to register with the Aust. Institute of Kinesiologists and the Aust. Kinesiology Association and set up practice. Both the Diploma and the Post Graduate PKP units are available for those who wish to continue and become not just a good Kinesiologist but also a highly sought after, knowledgeable health care practitioner.

Diploma in Kinesiology Unit Descriptions

The following units, outlined below, cover all required competencies of the HLT07 Health Training Package Diploma in Kinesiology course number HLT51507.

EMS201 Mastery of Emotional Stress Release

This unit develops skills to defuse a variety of emotional stress issues including active listening, challenges to authority and terminating a relationship. More importantly how and when to use each one. This is a unit all Kinesiologists need.

ECO201 Lifestyle and Dietary Modification

Students learn Kinesiology techniques relating to dietary habits and lifestyle and how to identify nutritional excess and deficiencies and when clients need to add or delete supplements.

ECO202 Immune Mismatch Responses, Allergies and Hypersensitivities

Continuing where BKP108 stops, students learn various sensitivity techniques to identify and release stressful foods and substances (allergies and reactions). These are becoming an epidemic in our society. Learn how you can help.

HMR201 Hypertonic Muscle Release

No need to feel uptight after this unit. Flexibility is the word here. Students learn how to release tight muscles and have theirs released while they learn.

JAF201 TMJ and Cranials

Headaches and migraines are just two symptoms caused by jaw and cranial problems. Here students reset these imbalances bringing relief to many.

MST201 Muscle and Skin Activation

Students develop skills and understanding in identifying and correcting meridian energy imbalance related to muscle circuits, skin, scars, blood chemistry, thymus and spleen energy. This variety of techniques covers a number of key areas not previously covered.

MST202 Shoulder, Elbow, Hand Muscle Protocol

Students learn test and correction techniques to release pain, increase the function and performance of the shoulder, arm, hand and fingers. We all know people with pain and MST202 and MST203 are major units to release these pains.

MST203 Hip, Leg and Foot Muscles

Students learn test and correction techniques to release pain, increase the function and performance of the hip, leg, knee and foot.

PIB203 Basic Brain Integration Skills

Learning difficulties is a topic of high discussion. Kinesiology is a huge help to both adults and children with these problems. This unit teaches techniques related to neurological blind spots caused by fear, pain, self-doubt of learning difficulties and dyslexia.

VEF201 Flower Essences

Flower essences open up a whole new world to students. Through flower essences students learn to identify and utilize insights relating to their properties and photographic images, to re-balancing mental, emotional and spiritual energy.

RBT201 Clinical Body Contact

Students learn the various massaging techniques used to relax, release pain and tension and palpate areas within the body. This is not a massage unit as such.

EMS301 Genetic and Meridian Emotional Release

Students will be able to assist the clients to express life events in terms which do not decrease energy; to recognise in themselves behaviours that are similar to those of either parent or which are a negative reaction to the behaviour of either parent; to be able to choose, to make positive adaptive responses and to see positive possibilities in their future. They will use meridian-based affirmations affecting a multitude of personal issues and belief systems.

EMS302 Subconscious Self-Perception

This unit teaches students to find and work the subtle messages that interfere with achieving our desired outcomes in life. Sabotage programs, misperceptions, misunderstandings and those little hypnotic messages that have snuck up on us over time affect our every essence.

EMS303 Dreams, Goals and Attitudes

This unit teaches students how to evaluate and change many of the attitudes that affect our health and stop us from achieving our goals and full potential. This unit is both exciting and a real eye opener.

VEF301 Gems and other Vibrational Energy Fields

Continuing from VEF201 students learn about the healing powers of a variety of powerful vibrational healing systems such as gems, tissue salts and homeopathics and their use within Kinesiology.

VEF302 Metaphysical Energy Fields

Students in this unit will learn how to evaluate and correct various energy fields such as chakras and the auric fields that are vital to our health and how we perform.

JAF301 Ligaments and Joints

This unit teaches advanced techniques so students can work effectively with ligament and joint injuries affecting so many people. Many people 'put up' with pain simply because they don't know how they can be helped. JAF301 and JAF302 are the answer to many of these problems.

JAF302 Injury, Strain and Inflexibility

This unit teaches students about inflexibility and restriction of muscles due to injury, strain and a variety of other causes.

MST301 Head, Neck and Trunk Protocol

The variety of muscles learnt in this unit helps students fine tune areas that most practitioners wouldn't know where to even start. These are muscles of the face, eyes, throat, tongue, upper neck and the small back muscles.

MST302 Touch, Clothes and Environment

Establish boundaries of professional touch in discussion with the client; identify the adverse effects of past and/or present situations involving deprivation, unwanted or excessive touch, out of touch with the environment, clothes and accessories; losing touch.

NUT201 Nutrition (home study unit)

This home study unit teaches students about vitamins and minerals, their use, source, function, body demand, signs of deficiency and toxicity and the safe range of dosage. Students will find the two assignments are very interesting and will become a useful reference guide in your clinic.

MAB201 Manage a Business (home study unit)

Graduates of the Diploma will be knowledgeable practitioners with the possibility of building a busy health practice. This home study unit teaches students how to

manage and run their business, from stock control to holding and running a meeting, advertising and marketing.

RES201 Research (home study unit)

Students learn and participate in how to perform and analyse Kinesiology research. Kinesiology has been around for a number of years and students will learn how to prove that what we do does work.

MEN201 Mentoring (home study unit)

This home study unit will help students reinforce the knowledge and skills learnt at the same time as building a network within the industry. Skills gained in this unit include being able to confidently explain the knowledge. This helps practitioners gain confidence in themselves to promote and build a client base.

A&P301 Basic chemistry, Pathophysiology of disease (home study unit)

In this unit students learn some basic chemistry, pathophysiology of disease and the effects of biological maturation and the aging process.

The Authors



Dr Bruce Dewe, co-founder of the International College of Professional Kinesiology Practice, is one of the world's leading international lecturers in Kinesiology and has been a medical doctor for over 30 years. He was first introduced to Kinesiology in 1977 and has been involved and instrumental in its development ever since. Dr Dewe introduced a series of advanced skills workshops for Kinesiology in the early 1980s which then evolved into the PKP workshops and finally to an International PKP Certification Programme.



Joan Dewe is a Chartered Natural Medicine Practitioner who specialises in Kinesiology at her clinic in Auckland. Having followed her husband Bruce into complimentary medicine she has helped develop the PKP workshops and pioneered teaching them. Initially trained as a high school teacher Joan's ability to summarise information into clear stepwise procedures has helped make PKP an easy to learn modality.

During the 1990's Bruce and Joan re-wrote and undated the complete PKP course making it a student friendly in-depth learning experience. Kinesiology courses were traditionally put together as new techniques emerged. This often made them unconnected and confusing for the student. The re-write of these courses has now made learning a free flowing and integrated experience making learning easier.

Kinesiology Schools Australia

Registration number: 30916

Kinesiology Schools Australia (KSA) is a Registered Training Organisation offering nationally recognised Certificate IV and Diploma in Kinesiology and is accredited by the International College of Professional Kinesiology Practice.

In 2003 a leading Queensland newspaper in conjunction with the Department of State Development and market research specialists AC Nielson voted Kinesiology Schools Australia as the best business in its category in the Business Achievers Awards.



Kinesiology Schools Australia consists of seven campuses throughout Queensland, New South Wales, Victoria and Western Australia. Having seven locations means students can, if they desire, start their study at one campus and continue at another. All marks will be automatically transferred.

The Professional Kinesiology Programme™, is the course taught by Kinesiology Schools Australia and is taught in many countries around the world making it one of the most widely used modalities of Kinesiology worldwide.

Since we are a specialised Kinesiology college students can be assured that what they learn and the lecturers are high quality. All Kinesiology Schools Australia lecturers MUST be adult education teachers, practicing Kinesiology consultants and qualified faculty of the International College of Professional Kinesiology Practice. Each Kinesiology Schools Australia campus must have at least one *Senior Faculty Member* of the International College on staff. This once again assures students will receive high quality training and experience.

The Melbourne – Narre Warren North campus is in one of Melbourne's south east suburbs in a convenient location approximately 5km from the freeway. It is in a quiet semi - rural setting, with car parking on the property. See map on page 18.

WHY THIS COURSE IS SUPERIOR

- PKP has a proven record since the early 80s
- Professionally written by a medical doctor
- Covers most aspects of Kinesiology
- Progressive learning (Integrated and in-depth)
- Student Journal – directed self study to help you learn between classes
- Nationally Recognised Training
- Austudy approved
- Accredited by both Kinesiology associations – AKA and AIK
- Kinesiology Schools Australia has 7 colleges to choose from
- Can study in 4 states within Australia - if move can continue automatically
- Internationally recognised – can continue your study overseas
- Can set up practice while continuing to study the Diploma
- Plenty of practical experience
- Covers most learning styles using whiteboard, overheads and videos
 - Theory
 - Discussions
 - Demonstrations
 - Questions
 - Practice
 - Practical examples
 - Student Journal
- Questions are encouraged.
- Many Health Funds now require practitioners to have a minimum of a Diploma before they will pay refunds.

What you get for your money

- High quality experienced lecturers
- Plenty of 'usable' knowledge and skills
- Manuals and Journals included (except for A&P301 and Nutrition)
- Licenses with the International College of Professional Kinesiology Practice
- All assessments (includes 1 free re-sit of practical assessment if required)
- Mentoring
- Morning and afternoon tea
- A qualification recognised by the Australian national training framework
- A friendly smile and happy atmosphere

There are correspondence courses in Kinesiology offered by some colleges, but Kinesiology is such a practical, hands on modality that these students will not have the 'real' experience and knowledge needed to become a good practitioner.

One thing many students comment on as being very valuable is the practical and professional experience of the instructor. These experiences cannot be learnt from a book.

INVESTMENT/COURSE COSTS

Kinesiology Certificate IV

OPTIONS	Kinesiology Certificate IV	Total Course Costs
Payment In Advance	\$5,000	\$5000
Pay Per Unit	\$430/Unit x 13	\$5590

- Payment Over Pay Per Unit = \$590
- Course does not include First Aid Costs

- Saving – Advance

Diploma in Kinesiology

OPTIONS	Diploma in Kinesiology	Total Course Costs
Payment In Advance	\$8500	\$8500

- Saving – Advance Payment Over Pay Per Unit = \$1500
- Course does not include First Aid Costs

A discount may be available for those having completed other Kinesiology training.

Payments can be made by

Kinesiology Schools Australia

- **Cheque:** payable to Kinesiology Schools Australia, 83 A'Beckett Road Narre Warren North Vic b3804
- **Direct deposit** at a Commonwealth Bank branch, BSB 064124, account no. 10211186 – please advise teller to state your name as reference
- **Internet banking** – Commonwealth Bank, BSB 064124, account no. 10211186 – please note your name as reference

Note 1 #: First Aid is NOT included in the price. First Aid can be taken with any Registered Training Organization authorized as a First Aid provider.

Note 2 #: Fees paid in advance cannot be transferred to another college or campus.

Note 3 #: Other Required Expenses

- A massage table will be required by BKP103 (April).
- A textbook is required for Nutrition and Anatomy & Physiology.

Note 4 #: All late payments will incur an administration fee of \$15 per infringement.

Note 5 #: Classes will commence subject to numbers.



Jenne Burns

Narre Warren North CLASS DATES

CERTIFICATE IV (Year 1 – 2010)

<u>TEACHING SCHEDULE</u>		
First year – Certificate IV		
UNIT	DATES—2010 THURSDAY	DATES—2010 weekend
BKP101 Energisers and self testing	25 Feb + 4 March	27 + 28 Feb
BKP 102 Manual muscle testing	18 + 25 March	20 + 21 March
BKP 103 Five elements and Yin balancing	15 + 22 April	17 + 18 April
BKP104 Superficial connections	6 + 13 May	8 + 9 May
BKP105 Five elements in depth	27 May + 3 June	29 + 30 May
BKP106 Professional Protocol	17 + 24 June	19 + 20 June
BKP107 Pain Reduction	15 + 22 July	17 + 18 July
BKP108 Balancing with food	5 + 12 August	7 + 8 August
BKP109 Reactivity and Posture	26 August + 2 Sept	28 + 29 August
BKP110 Client health records	9 + 16 Sept	11 + 12 Sept
Exam	21 October	23 October
First Aid		9 October

There will be either a week day class – Thursday –
or a weekend class for the Certificate IV units

DIPLOMA

The timetable is available on www.kinesiologymelbourne.com.au.

VENUE

83 A'BECKETT RD NARRE WARREN NORTH VIC 3804
See back cover for location map

Refund Policy

Introduction This policy is included in the pre course student handbook and the student handbook.

Entitlement to refund Students may be entitled to a refund of course fees depending on when the application for withdrawal is received.

Where an application is received ...	Students will receive ...
More than one month prior to the commencement of the course	A refund of the full cost of the course.
More than ten working days prior to the first day of the course	A refund of the full cost of the course, minus an administration fee of \$100.

Transfer to another course A student may change enrolment to another course delivered concurrently with the original enrolled course or to the original enrolled course offered at a later date. The request for the change must be made in writing and must be received at least ten working days prior to the commencement of the original enrolled course. The fees paid minus an administration fee of \$100 can be transferred to the new course. A second administration fee of \$100 will be charged if transfer takes place within ten working days of the first day of the course.

Substitution An organisation sponsoring training may substitute suitable personnel at any time.

Withdrawal after commencement of training Once training has commenced for the course, no refund is available to students who leave before the completion of the course. Students who pay by monthly instalments have enrolled for the full course and come under the same refund policy. They will be liable for the full course fee.

Students who have certified medical reasons or personal hardship may apply to KSA for special consideration. If application is accepted, KSA will consider refunding a portion of the course fee in relation to those components of training that have not been started by the student, minus an administration fee of \$100.

Continued on next page

Refund Policy, Continued

Attendance of withdrawn student on subsequent courses Students are able to attend subsequent courses to finalise incomplete competencies. The original course fee payment minus administration fees can be used as credit towards that course within 12 months of the initial payment. Application for transfers must be received in writing at least ten working days before commencement of the unit they would like to transfer.

Application for refund Students are required to put any request for a refund of course fees in writing.

Cancellation of course Should the RTO cancel a course, students are entitled to:

- a full refund (or pro-rata adjusted refund),
- transfer of funds to another/future course, or
- transfer of funds to another KSA campus or affiliated college.

In this event, students will be given their preferred option.

Cancellation of apprenticeship or traineeship Students enrolled in an apprenticeship or traineeship will receive a refund for training paid for in advance but not received at the time training ceases.

Fees paid in advance cannot be transferred to another college or campus



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Testimonials

I really wish to thank you for your confidence and encouragement, which gave me the desire to continue with the course. I have been doing many balances on family and friends with positive feedback, which in turn has given me the confidence to go on. Thanks again and hope to see you in the future. - Sue

I am so happy that I did the kinesiology, with you as it has been the biggest growth I have had. I do miss the regular Thursday visits to Narre Warren, it was the best experience, and I will never forget it. You truly are a beautiful person and teacher. - Fiona

I am thoroughly enjoying my intro to Kinesiology...from knowing very little about the processes involved, I feel I have now progressed so far that I am confident of my knowledge of everything learnt...as well as my ability to work with clients as a trained Kinesiology practitioner - Amy M.

Being able to study the Diploma course has realised my dream of having a fulfilling career and job that I am passionate about. The course is set out in such a manner that you learn to be a professional from the beginning. It is so rewarding to be able to help people reach their full potential!

We have been richly rewarded by the experience and have gained valuable practical training at the same time. The classes have been conducted by a truly caring and professional team...enthusing us students. Our class mates have also added to the enjoyment of the course, building trust and confidence in each other as we study and work together.

We have personally found the course has enriched our lives in so many ways, giving us many and varied techniques that assist us both in our personal and family life, and our friends are also (already) benefiting from our new skills. - Joan & John .

This Kinesiology course is very enjoyable and enlightening...and the skills taught...greatly enhance my current health practice - Chris.

Kinesiology has enabled me to improve my life on so many levels...not only did I meet and make friends with an amazing group of teachers and fellow students, but also discovered many processes to enable the body achieve a high level of wellness. I use what I have learnt to enhance my life in all areas, and enjoy watching friends, family and clients enhance their lives through Kinesiology.

This truly has been a life-changing course for me and if you are attracted to it - I suggest you follow your instincts and go for it. I did and it has been well worth it. - Sue E.

This program is the best I've seen. The structure of teaching creates an optimal environment of learning and discovery, and it is a joy to be a part of something so fantastic. I am privileged to be a part of something so profound. - Breanna

I originally completed the old TFH and PKP3 workshop series. I was lucky to have excellent instructors, but I know that due to the composition of the courses I only retained about a quarter of the information given. The new ICPKP Diploma program has presented the same information and more in a format that makes sure you know the material inside and out.

I have found the modules studied (10 in total) are taught in a relaxed environment with people who have the same goals and interests as myself to be quite enjoyable. Special friendships have been formed that I know will be long lasting as we continue to share our experiences both professionally and socially. Each module is conveniently held on week-ends which allows me to attend without the worry of finding carers for my children.

The lecturer (Jenne Burns) has been an inspiration to us all with his many quotes on the experiences she has come across with her clients, this is what consolidates with me the real potential a course like this can do to help me - help myself, my family and friends, and anyone who is willing to receive help. Already I have helped a lot of people in my life through Kinesiology and look forward to doing so in the future.

I have successfully completed the basic kinesiology practice course (BKP) and the MST series of ICPKP with Jenne Burns. This was a very profound experience and the skills learnt in these courses can be effectively applied in my remedial massage practice. Especially the MST series gave me a deep understanding of the relation between Muscle/Meridian/Organ/Nutritional & Emotional Anatomy concept. During therapy sessions I am able to incorporate the various skills and inform the clients accordingly.

Thank you Jenne for being so patient with me, when often I felt overwhelmed and struggled through the text and practical work ready to throw the towel in, you supported me along the way to become a Level 1 Kinesiologist and a AKA member. The ICPKP course and your teaching created a solid foundation for me to build on. Brigitte

Kinesiology Schools Australia Narre Warren North Branch

The Kinesiology College of S.E. Melbourne



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